



## 2019 Winter Skills Camp

**Date:** Saturday, January 19<sup>th</sup>, 2019

**Location:** Chessick Practice Center

The Chessick Practice Center is located at the North end of Huskie Stadium, next to Mary M. Bell Field.

**8:15 a.m. - 9:00 a.m.**

Defensive registration at Chessick Practice Center's Hall of Champions

**9:00 a.m. – 12:00 p.m.**

**Pitcher Session:** \$90 (MAX: 24 players)

**Catcher Session:** \$90 (MAX: 24 players)

**Position Players:** \$90 (MAX: 50 players)

**12:45 – 1:00 p.m.**

Offensive registration at Chessick Practice Center's Hall of Champions

**1:00 p.m. – 4:00pm**

**Offensive Session:** \$90 (MAX: 80 players)

**\*\*\$90 per session or \$159 for all day!\*\***

**(price shown includes online processing fees)**

**\*Pitchers MUST bring their own catchers who are not enrolled in the morning camp. Those catching must also provide a signed waiver.**

The 2019 Winter Skills Camp provides campers the opportunity to fine tune fundamental and advanced defensive and offensive skills. In the morning session, campers will receive position-specific instruction on pitching, catching, or infield/outfield. Pitchers will be led through drill work for the following pitches: screw, curve, rise, drop and change. Catchers will enhance their receiving, blocking, transfer, and throw-downs as well as work with pitchers on situational mental training. Position players will receive instruction on fundamentals and advanced skills in addition to a throwing breakdown and pre-pitch mental routines. The afternoon session focuses on offensive fundamentals and skills, including hitting, bunting, base running, and mental training. Campers can choose to participate in defense only, offense only, or both sessions.



**Christina Sutcliffe** is in her seventh season at the helm for NIU. The Huskies finished the 2018 season as runner-up in the Mid-American Conference Tournament. Coach Sutcliffe has led the Huskies to the MAC Tournament in each of her first six seasons at NIU. The Huskies finished the 2018 season with:

- 2 All-Great Lakes Region honorees
  - 2 All-MAC players
- 1 CoSIDA Academic All-District honoree
- 1 MAC Distinguished Scholar Athlete
- 10 Academic All-MAC selections

### What to Bring:

- Players should bring bats, batting gloves, gloves, helmets, personal catching gear, and tennis or turf shoes. Proper softball attire should be worn. Neither rubber nor metal cleats are allowed in the Chessick Practice Center.
- Water will be provided but we recommend bringing a water bottle.
- Lunch is not provided. Please bring your own lunch or purchase lunch at a nearby restaurant.
- Pitchers must bring their own catchers who are not enrolled in the defensive camp (parent, sibling, friend, etc.).

### To Register:

Log on to [www.niuhuskies.com/camps](http://www.niuhuskies.com/camps) to reserve a spot! Camp fee includes a t-shirt. Fee for camp is **\$90 per session (or \$159 for all day) and can be paid online. No refunds will be given for ALL types of cancellations (including illness and injury) made after January 4<sup>th</sup>.** Transfers of registration fees to a future NIU softball camp or to a non-registered camper are prohibited.

### Space is Limited!!

Camp is restricted to those in 7<sup>th</sup> grade and older (2024 and older). Enrollment will be contingent on the capacity of the camp. Once slots are filled, no more applications will be accepted. **The NCAA stipulates that the camp/clinic is open to any and all entrants (limited only by number, age, grade level and/or gender).**

### Camp Questions:

Please direct questions via email to Coach Wade at [awade@niu.edu](mailto:awade@niu.edu)

