

GREEN BAY SOFTBALL

2019 Winter Elite Softball Camps

Saturday, January 19th, 2019

Located at the Green Bay Kress Events Center

Sponsored by Prevea Health

*This camp is open to any and all entrants ages 13 years or older

*Each camper to receive (1) camp T-shirt!

Elite Pitching - \$60.00

10:00 – 12:00pm

Elite Pitching Camp will focus on different spins and movement, body positioning to effectively throw various movement and off speed pitches, drills to help increase velocity, strategy of effectively throwing to hitters, and continuous feedback.

Pitchers must bring their own catcher!

Elite Offensive Camp - \$70.00

12:30 – 3:00pm

12:30pm – 3:00pm HITTING:

Elite Hitting will include the basic fundamentals as well as advanced hitting skills needed to be an elite hitter. Drills that will be taught will address bat control, bat speed, hand-eye coordination, and power. Base running and bunting will also be covered.

3:00pm – 3:20pm BREAK

Elite Defensive Camp - \$50.00

3:20 – 5:20pm

3:20pm – 5:20pm DEFENSIVE BREAKDOWN:

Defensive breakdown will consist of elite skilled instruction in regards to throwing, footwork, glove work, and game strategy. Position specific instruction will be covered.



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Camp Information:

To register for the Green Bay Softball Camps, please fill out both forms and return with payment.

Cash or checks accepted. You will receive a confirmation e-mail once form is received.

Please make all checks payable to UW-Green Bay Softball.

The camp sessions are open to any and all entrants ages 13 years or older.

Clinics will be held at the UW-Green Bay Kress Events Center located on the UW-Green Bay Campus.

All pitchers must bring their own catcher. All catchers must bring their own gear.

All camp attendees must bring their own athletic shoes (no cleats allowed), glove, bat, and helmet.

All Campers will receive (1) T-shirt, no matter how many sessions attended.

Registration and check-in begins 30 minutes prior to each clinic.

REGISTER EARLY! Clinics will fill up fast!

Please send all questions to Head Coach Scott Wachholz at wachhols@uwgb.edu.

-----**DETACH HERE**-----

Please fill out form and return with payment & medical waiver to:

Green Bay Phoenix Softball
Kress Events Center
C/O Scott Wachholz
2420 Nicolet Drive
Green Bay, WI 54311-7001

Name: _____ Phone: _____

Home Address: _____ City: _____ State: _____ Zip: _____

Emergency Contact: _____ Emergency Contact Phone #: _____

Date of Birth: _____ Grade: _____ E-mail: _____

Current School: _____ Summer Team: _____

Primary Position: _____ Secondary Position: _____

Camp T-shirt size (adult): _____ (1 Camp T-shirt per participant)

Please check which camps you would like to attend:

Elite Pitching Camp (10:00am-12:00pm) \$60.00 _____

Elite Offensive Camp (12:30pm-3:00pm) \$70.00 _____

Elite Defensive Camp (3:20pm-5:20pm) \$50.00 _____

Total Amount Enclosed: \$ _____

