

## CAMP INFORMATION

Camp will take place at the Hyslop Sports Center and our brand new High Performance Center from 9 a.m. - 5 p.m. on September 14, 2019. In order to attend camp you must be between 13 and 18 years old. The camp is open to any and all entrants limited only by number, age, grade level, and/or gender.

**Registration will begin at 8:00 a.m. at the High Performance Center** where you can pick up your camp schedule, name tag, and t-shirt. Our Elite Camp will commence at 9:00 a.m. **(Please be warm prior to 9:00 a.m. as we will start precisely at 9:00 a.m. with no warmup!)**

In the first session you will have a chance to sharpen your softball skills as we put you through drills that we use with our collegiate players. You will train with current UND softball players and coaches to enhance your abilities as a softball athlete. After a lunch break, we will go to the Apollo Sports Complex for two live games in the afternoon. You will have the opportunity to play with and against many awesome players like yourself from different teams, cities, and states. We are looking forward to seeing you at camp!

**\*Transportation to the field, lunch, and water will be provided.**

We have allocated limited spots to each position, capping each at 8 with 20 outfielders and 12 pitchers. All positions will be first come, first served. Even though your primary position may be filled, you are still encouraged to sign up for your secondary position. Note: The position you request is the only position you are guaranteed to play in the afternoon games.

**Camp Price: \$165**

**DEADLINE AUGUST 30**

**Team Discount: \$20 Off Each Attending Player**  
(Bring 6 or more players from the same team)

**UND Staff Discount: 25% Off**

All registration can be done online at [FightingHawks.com](http://FightingHawks.com) or mailed to:  
Hyslop Sports Center Room 261  
2751 2nd Ave. North Stop 9013  
Grand Forks, ND 58202

**\*No walk ups allowed!** Make all checks payable to the University of North Dakota. Canadian residents must pay by credit card or check/money order DRAWN ON A U.S. BANK or U.S. CURRENCY.



## CAMP STAFF



**JORDAN STEVENS**  
Head Coach  
University of North Dakota



**DON STOPA**  
Assistant Coach  
University of North Dakota



**NAOMI TELLEZ**  
Assistant Coach  
University of North Dakota

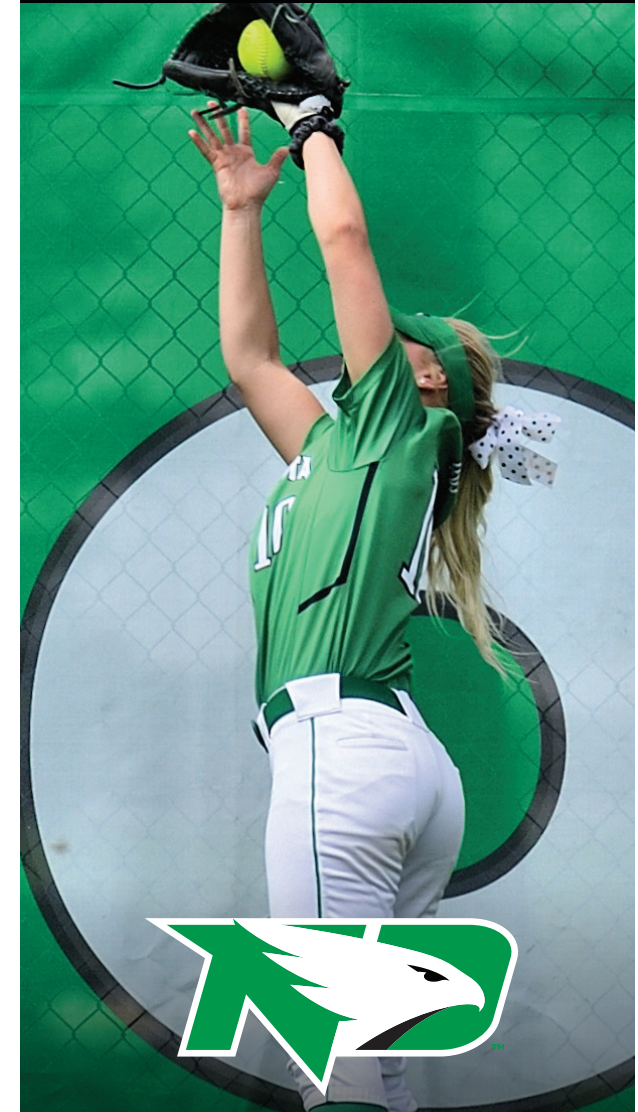


**TAYLOR NADLER**  
Volunteer Assistant Coach  
University of North Dakota

# NORTH DAKOTA

## Fall Elite Softball Camp

SEPTEMBER 14, 2019



**Our fall Elite Camp is one of its own.**  
**With our unique camp design, our highly qualified staff of college coaches, and the elite training, there isn't a camp that can match it!**

*\*Limited to the first 72 registrants.*

## SNEAK PEEK

Want the ultimate softball experience? Come to our fall Elite Camp and experience what it's like to walk in the shoes of a DI athlete for a day. You will be able to pick three "labs" and one classroom topic to design your own camp schedule for the day. Essentially, you will get a taste of all aspects of a college student-athlete from training, to attending class, the lunch that athletes have to squeeze in, the memorable bus ride, and the reward of performing in a game for all the hard work a competitor puts into the preparation.

There isn't another opportunity like this; you get the instruction and the most realistic DI softball experience. Below are the "labs" and topics you may choose from to make the PERFECT schedule.



### LABS (Pick Three)

- Middle Infield
- Spins Pitching
- Corner Infield
- Short Game Offense
- Catchers
- Power Hitting
- Outfield
- Strength & Conditioning
- Power Pitching

### CLASSROOM TOPICS (Pick One)

- Nutrition and Training  
- *How to train and eat like an Elite Athlete*
- Recruiting  
- *Everything you need to know about College Recruiting*
- Situational Strategies and Methods  
- *Learn about game tactics, philosophies, and scenarios*

## PERKS OF OUR CAMP

On top of getting trained by college coaches and current Fighting Hawks players, you get some other great take-home goods! Every participant will receive one FREE UND softball camp t-shirt.



### FYI

Along with the coaching staff keeping your child safe, there will be an athletic trainer present to ensure all safety precautions are being met. If any medical conditions or medicines are to be known, please fill out the medical form. Any medicine that your child may need to take during camp (inhaler, Tylenol, Advil, etc.) will need to be submitted on the medical form so that our athletic trainer can administer those items to your child.

### CAMP LOCATIONS/ADDRESS

#### High Performance Center (Registration)

2419 2nd Ave. N. | Grand Forks, ND 58203

#### Hyslop Sports Center

2751 2nd Ave. N. Stop 9013 | Grand Forks, ND 58202

#### Apollo Sports Complex

2511 17th Ave. S. | Grand Forks, ND 58201

## ANSWERED QUESTIONS

### Will lunch be provided for camp?

Yes, UND softball will be providing lunch for the camp. We will be having a choice of ham or turkey sandwiches along with chips, water, and a cookie. If any athletes have any allergies to the food listed, please let Camp Director Nadler know ASAP so we can accommodate them.

### Where do we park?

There will be FREE parking at both the Hyslop, HPC and the Apollo Sports Complex. When you arrive at the High Performance Center be sure to look for signs on where to park on campus.

### What do we bring to this event?

Please bring turfs or tennis shoes, cleats, bat, helmet, and glove. These will be necessary for the camp. Turfs/tennis shoes will be worn for the first half of the day and cleats will be worn to the game.

### Where do we find camp forms?

You can find forms by visiting [FightingHawks.com](http://FightingHawks.com) and scrolling down to the bottom of the page. Once you are at the bottom you will click on Camps located under the information column. Proceed by clicking on Camper/Parent Resource Guide at the top of the page. You will see two categories Camp Policies and Medical Release Forms; those will contain the documents needed for our Elite Camp.

### Is there a refund policy for camp?

Our refund policy is a full refund minus \$20 if cancellation occurs on, or prior to the August 30 deadline. No refund, just camp credit minus \$20 (to be used within one year) if cancellation occurs after the August 31, 2019.

**For additional information  
contact Camp Director Taylor Nadler  
[taylor.nadler@und.edu](mailto:taylor.nadler@und.edu)  
701.777.5803**