

Spikes Practice Guidelines:



- Safety first.
- Practices are not mandatory. If you're not ready to play, that is okay.
- Do not attend if you are feeling sick.
- Parents may wait in the parking lot and maintain social distancing at all times.
- Practices to maintain social distancing pace at all times.
- Phase 3 allows 1 coach per every 10 players.
- Coaches must keep attendance and log it. If anyone becomes sick, the coaches are advised to remove that player away from practice and immediately contact parents.
- All players & coaches should have their own hand sanitizer. Wipes are also recommended.
- Do not touch your face.
- No physical touching (high 5's, etc).
- Meetings must be spread out according to guidelines.
- All players & coaches should have a mask. Masks will be worn in any situation where social distancing cannot happen.
- No sharing gear (helmets, gloves, bats, etc)
- All players must sanitize their hands between practice phases and in between innings during games.
- Softballs will be wiped down before & after practices.
- Dugouts will be wiped down after each practice or game. Coaches have been asked to bring disinfectant and wipes to practices.
- Must bring your own water bottle (cannot share with anyone)
- Fans must keep distancing while attending any games.

This is preliminary, updates will be sent as needed.

Again, safety first at all times!